

When prayer is > OVERWHELMING >

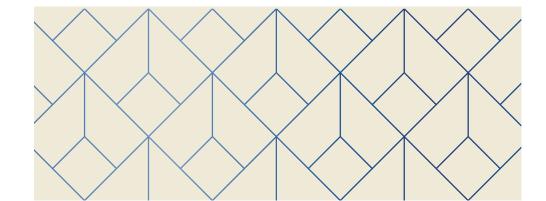
Have you ever set out to pray with the best of intentions, but then became overwhelmed – maybe even to the point of discouragement?

Your thought process might go something like this: I'm going to pray for my child, who is starting school this week. That reminds me – I should pray for their whole school. And while I'm at it, I'll pray for the school board. And the city council, too. And the mayor. And the governor. And all politicians. And the world! How can I possibly pray for the whole world?! Maybe I'll pray tomorrow....

It can be overwhelming. One way of tackling this sort of paralysis is to keep a prayer schedule. You can, and should, still pray for those things that are on your heart and mind at any time, but a schedule can help us to break a large task into manageable chunks. It can also help us to be more intentional about our prayer life, and even to remind us of things we have overlooked.

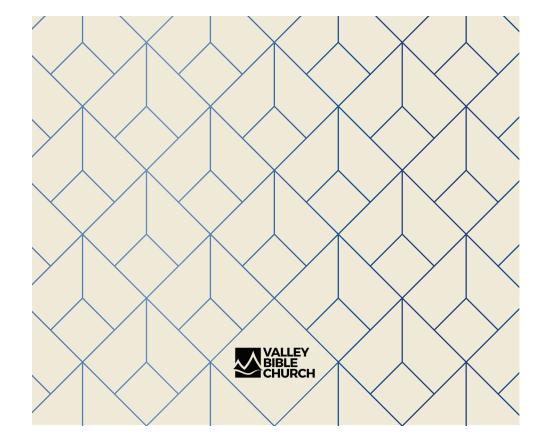
Try dedicating some time each day of the week to a specific topic of focused prayer time. You can choose any topics you like, but one such schedule may look like this:

- Sunday: Local church
- Monday: Your vocational context
- Tuesday: Immediate family
- Wednesday: Extended family
- Thursday: Local community
- Friday: State and Federal government
- Saturday: Worldwide Church



T H E G O S P E L O F

JOHN











FOLLOWING THE INEFFABLE LIGHT

John 8:12-20 / Ben Orchard / September 20, 2020

Jesus is the		Light (12a)
Jesus'	Following Jesus means	The Light of life (12b)
	Following Jesus means	
	Following Jesus means	
	J	
Jesus'		The Light for darkness (13-19)
Calana	:: (
Saivat	ion is of the Lord (20)	

SPOKANEVBC.ORG

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OUR MISSION

As we proclaim biblical truth, we cultivate relationships that are intimate with Christ, active in the Church, & loving the community.

ANNOUNCEMENTS

NICS: CONTEMPORARY WORLDVIEWS

Registration is now open for the next NICS class, "Contemporary Worldviews." The class dates are **October 29-31**. For more information, and to register, go to spokanevbc.org/events, or NICS.institute.

USHER VOLUNTEER REQUEST

We are in need of usher volunteers during our services, especially during the 6:30 pm service. Contact Don Beydler (call or text 509 342 0761) for details.

VBC KIDS SUNDAY SCHOOL & LIFE GROUPS

VBC Kids Sunday School and Life Groups are starting up soon. The details are still being worked out, stay tuned.

CHURCH CUSTODIAL REQUEST

The church is in need of more disinfectant spray and wipes for routine cleanings between services and throughout the week. If you are out shopping and are able to buy a few extra bottles for us, please bring them by the church office and we will happily reimburse you. Thank you!

Please communicate with us if you have financial needs or know of someone in the

CONTACT CHURCH FOR NEEDS

community who does. Because of your generosity and faithfulness in giving, we have enough financial reserves to pay our staff, pay the bills, and help those who are in need. Many have given specifically to assist anyone in financial distress. Contact Stephani Wood (stephani@spokanevbc.org) for more information.

GIVING REPORT