

The _____ to Peace is _____ Still (6-8)

Week of December 8, 2024

These are the last questions of this Life Group Session! Since many groups will be having Christmas celebrations, there are fewer questions this week. If your group gets through them quickly, spend some extra time fellowshiping before the holiday break!

God's _____ is through God's _____ Alone (9-10)

1. Thinking back on this week's message, was there anything you heard for the first time or that caught your attention, challenged, or confused you?

2. The doctrine of God's rest is not fully fleshed out in this passage, but we see it show up throughout Scripture. Given that God does not get tired, we know that his rest is not connected to a need for recuperation. Given that Scripture teaches us that we will have work and activity in Heaven, rest cannot be inactivity. Rather, God's rest is a different kind of activity – activity free from conflict, the way it was intended to be in the beginning. How would you explain this concept to a five-year-old?

3. The author of Hebrews connects the dots for his audience on the Biblical doctrine of rest. God's rest, first seen on the seventh day of creation, hinted at through the Sabbath given to the Israelites and as a reward for taking the promised land in Exodus, is ultimately fulfilled in Christ. God has written a number of these "story threads" into his Book – what are some other examples of promises hinted at throughout the Old Testament but which are ultimately fulfilled in Christ?

4. As we continue to anticipate Christmas through advent, spend some time reflecting on the connections between our study of Hebrews 4 and the Christmas story. Take time to read through the full chapter, and note any connections you find. For example: 4:15 contains a precious truth, but one that is only possible because of Christ's incarnation, which we celebrate at Christmas.

5. 2 Tim 3:16-17 teaches that all Scripture is useful for training us up in righteousness. We should not walk away from a study of any passage of Scripture without it impacting our lives in some way. What is one thing you are (or will be) applying to your life as a result of studying this passage?