

2025 - 2026 SCHEDULE

FALL SESSION

August 24 - Signups begin
September 7 - Fall Session begins
December 13 - Fall Session ends

WINTER SESSION

December 21 - Signups begin
January 4 - Winter Session begins
March 28 - Winter Session ends

SPRING SESSION

March 29 - Sign-ups begin
April 12 - Spring Session begins
June 6 - Spring Session ends

MEMBER GUIDE

2025 - 2026



LIFE GROUPS



Questions?
www.spokanevbc.org/life-groups
lifegroups@spokanevbc.org



Welcome to Life Groups!

Life Groups are sermon-based home fellowships made up of 8-12 adult attenders of VBC who commit to meeting weekly to study God's Word, pray, invest in and support one another, and seek opportunities to reach out in their community together. The goal is for each group to be a place to share, grow, and see the Gospel brought to bear in everyday life!

OUR PURPOSE

Valley Bible Church Life Group members want to become more like Jesus by living out His Word daily and bringing the Gospel to bear in everyday life. (Rom 8:28-29; Heb 10:24-25; Eph 4:1-7, 11-16) They will do this by:



STUDYING GOD'S WORD

Each week, your life group will work through study questions based on the past Sunday's Scripture passage. The goal is to learn how to apply Biblical truth and intentionally live out the Gospel in our everyday lives.



INVESTING IN RELATIONSHIPS

Each week, your group will take time to build relationships by sharing what is happening in your lives. It can take a while to build trust, but after the first few weeks, this time can become more informal and personal. Sharing ways to pray for one another is a great way to invest in your group relationships.



SUPPORTING ONE ANOTHER

Each week, your group should look for opportunities to care for one another as Christ commanded (John 15:9-13). Your group can seek to do this through:

- **PRAYER**
A portion of each meeting should be set aside to share prayer requests, praises, and pray together.
- **ENCOURAGEMENT**
Look for ways to encourage the members of your group and "stir up one another to love and good works." (Heb 10:24 ESV)
- **SERVE ONE ANOTHER**
Actively seek to meet the needs of the members in your Life Group. This could include Meal Trains, hospital visits, babysitting, yardwork, etc.



REACHING OUT

Each session, Life Groups should look for at least one way to serve the local community. Email benjamin@spokanevbc.org for a list of service project opportunities if your group needs help getting started.

MEETING DETAILS (Day, time, arrive)

CHILDREN

Group members are responsible to arrange childcare for their children unless the group includes it. Nursing newborns are welcome in all groups.

STUDY

Everyone is expected to complete each week's Life Group questions before coming to group. Consider using a journal or a dedicated notebook for Life Group questions, notes, and prayer requests. Please come prepared to share what you have learned through your personal study, but also be mindful that this is a time for everyone in the group to contribute. Married couples are encouraged to go through the questions together!

PRAYER

Make prayer a priority during each group meeting. Praying for one another during the week and with one another at Life Group is of central importance. Please note: Whatever is shared in Life Group should remain confidential within the group.

ATTENDANCE

Life Group members should make their best effort to attend each week. Occasional allowances are made for sickness, vacation, work conflicts, and other special events. If you cannot come to a meeting, contact:

OTHER (Desserts/snacks, service projects, dates)

KEYS TO A HEALTHY LIFE GROUP

1

Make spiritual growth the first priority (Romans 8:29)

2

Accept one another (Romans 15:7)

3

Take care of one another (John 13:34)

4

Treat each other with respect (Ephesians 4:25-5:2)

5

Keep commitments to the group (Psalm 15:1-2, 4b)