



*Happy Mother's Day*

# ANNOUNCEMENTS

## BABY BOTTLE CAMPAIGN

The Life Services Baby Bottle Campaign kicks off today! As you leave today's service, consider taking a bottle at the table in the foyer. Over the next few weeks, fill it up with coins, cash, or checks. Please return your filled bottle to the barrel next to the VBC church office by Father's Day, June 21.

## NEW SUNDAY SCHOOL CLASS

A new Sunday School class, "Spiritual First Aid: Applying the Riches of God's Word to Suffering Souls," for high school students and adults begins today in Room 130 during the 9 am service.

## WOMEN'S BREAKFAST

This month's Women's Breakfast and free clothing swap are planned for Saturday, May 16, at 9 am in Room 130. High school age and older are welcome!

## FOSTER CARE LUNCHEON Q&A

If you are a family that has ever considered the opportunity of foster care, you are invited to a light lunch and Q&A on Sunday, May 17, at 12:30 pm in Room 130. Learn more about the importance of foster care in our city, what it takes to become a foster home, and the unique joys and challenges of providing foster care. Please RSVP at [spokanevbc.org/events](http://spokanevbc.org/events) so we know how many to expect.

## MEMORIAL SERVICE

A celebration of life for Coleen Janzen is planned for Saturday, May 23, at 1 pm at VBC.

## NEWCOMERS' LUNCHEON

A Newcomers' Luncheon is planned for Sunday, May 31, at 12:30 pm in Room 130. Children are welcome. Please register at [spokanevbc.org/events](http://spokanevbc.org/events).

## VBC YOUTH SENIOR DINNER

High school students who regularly attend VBC Youth Group are cordially invited to a formal dinner to celebrate the class of 2026 on Sunday, May 31, at 5:30 pm in Room 150. Please register at [spokanevbc.org/events](http://spokanevbc.org/events).

## SUNDAY SCHOOL VOLUNTEERS

VBC Kids needs Sunday School volunteers! **1st service:** K-2nd Teacher (6/21-9/7), K-2nd Assistant (6/21-9/7, 2x month); **2nd service:** Preschool-PreK Teacher (6/21-7/5, 8/16, 8/30), Preschool-PreK Assistant (6/21-9/7), K-2nd Assistant (6/28, 7/12, 8/2, 8/16, 9/6), 3rd-5th Teacher (8/9), 3rd-5th Assistant (6/21-9/7). If you are able and willing to fill any of these positions, email Jennifer Dokken at [jennifer@spokanevbc.org](mailto:jennifer@spokanevbc.org).

## VBS NURSERY VOLUNTEERS NEEDED

We need 2-3 people who are able to watch the children of VBS volunteers during VBS staff meetings July 20-25 at 7:45-8:45 am and 12-1 pm. If you can help, email Jennifer Dokken at [jennifer@spokanevbc.org](mailto:jennifer@spokanevbc.org).

# THIS WEEK

**Su Happy Mother's Day!**

**Prayer Team**

8:30 am | 124

**Sunday School classes**

9 and 10:45 am |

various classrooms

**Mo Ignite Young Adult Ministry**

6:30 pm | ages 18-28 | 130

**We Women's Bible Study**

9:30 am | 130A, 134, 135

**Women's Bible Studies**

6:15 pm | 130B/C, 132

**Youth Group**

6:30 pm | Auditorium

**Fr Mom's Group**

10:30 am

**Sa Women's Breakfast  
& Clothing Swap**

9 am | 130



SUNDAY MORNING AT

# VALLEY BIBLE CHURCH

May 10, 2026

**Communion:** Communion will be served during the service for those who profess faith in Jesus Christ. If you need a gluten-free option for allergy reasons, please ask an usher.

**Hearing Devices:** If you need a hearing assistance device during the service, please ask an usher.

**Sunday School classes:**

- High School and Adults: "Spiritual First Aid," Room 130, 9 am
- Adults: "Biblical Sense for Stewarding Your Cents," Room 130, 10:45 am
- Middle School: "Old Testament Survey," Room 151, 9 am
- Courageous Conquerors: Room 152, 9 am

**Giving:** Collection boxes are located at the main entrances to the auditorium. You may give online at [valleybible.churchcenter.com/giving](http://valleybible.churchcenter.com/giving).

## NURSERY & VBC KIDS

0-3 Years Old | Nursery (122)

3 Yrs-5th Grade | VBC Kids Wing

**Note:** Children are always welcome in the auditorium for the entire service! However, if they plan to attend Sunday School, they must be checked in at the beginning of the service.

## NURSING MOTHERS

A room for mothers who need extra privacy to nurse babies is in the back of the auditorium. Changing tables are located in the North Hallway restrooms.

## ONLINE RESOURCES

Access today's sermon (video and audio), music playlist, Life Group questions, and bulletin at [spokanevbc.org/sermons](http://spokanevbc.org/sermons).



## VISITING?

Please pick up a Connection Card at the auditorium entrances, at the Welcome Counter, or scan the QR code below to share a little about yourself! Visit the Welcome Counter to receive a gift with more information about VBC.



## IMPORTANT DATES

- TODAY - Baby Bottle Campaign begins
- May 16 - Women's Breakfast
- May 17 - Foster Care Luncheon Q&A
- May 29-30 - Connect Spring Retreat
- May 31 - Newcomers' Luncheon
- May 31 - VBC Youth Senior Dinner
- June 14 - Church in the Park
- June 25-28 - Family Camp
- June 30-July 2 - Sewing Camp

**SPokaneVBC.ORG**

3021 S. Sullivan Road, Veradale, WA 99037  
(509) 928-5161 / [vbc@spokanevbc.org](mailto:vbc@spokanevbc.org)

**GIVING REPORT**

General: April \$93,687; May \$30,264;  
YTD: \$438,327; Building Fund: \$1,209,167



# LIFE GROUP

## STUDY QUESTIONS

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*Week of May 10, 2026*

1. Thinking back on this week's message, was there anything that encouraged, challenged, or confused you? Anything you disagreed with or had never heard before?
2. As we wrap up chapter 2 this week, take some time this week to review the chapter, and summarize it in a single sentence. What is the author's main point? Keep a record of these summaries as we go through the book!
3. In verse 28, John exhorts the reader to "abide in Him" so that when Christ returns, we can have confidence and not shrink away in shame. Use a study Bible or online resource (see list below!) to look up the words translated as "confidence" and "shrink...in shame." What is the definition and sense of these words?
4. A useful technique for Bible study can be rewriting verses using different translation choices. This can help us pay closer attention to the original words and capture a more complete understanding of what was originally intended. Using what you learned in question 3, and what you learned about the word "abide" last week, rewrite verse 28 so that it retains the same meaning but without using the words "abide," "confidence" or "shrink in shame." Read your translation to the group!
5. It is likely we have all had the experience of "shrinking away in shame" when an authority figure appeared unexpectedly. First, read Jesus' own counsel on this topic in Luke 12:35-39 and Matthew 25:1-13. Then, write out how you would explain this concept to a 6-year-old – importantly, be careful your explanation doesn't imply something untrue about the heart of our Father, who has eternal love and delight in his children, but who does hate our sin.
6. John started this section in verse 25 by reminding us of the promise of eternal life. Remembering this promise is an important part of "abiding." How could keeping an eternal perspective help you in your walk with Christ? What are some practical ways you have sought to keep an eternal perspective in your Christian life?
7. We should not walk away from a study of any passage of Scripture without it impacting our lives in some way. What is one way your thinking and/or actions have changed as a result of studying this passage?

# ABIDE IN THE LIGHT

Chris Martin | May 10, 2026 | 1 John 2:28-29

Abiding Needs \_\_\_\_\_ (28)

Abiding Needs \_\_\_\_\_ 29)




# FOR KIDS

What is the main passage? 

Book:

Chapter:

Verse(s):

My favorite song today? 

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Draw something that you heard today...



[Large empty rectangular box for drawing]



Who is speaking?

[Empty rounded rectangular box for writing the speaker's name]

Words you heard but don't know...

[Large empty rectangular box for writing words]



What are you learning about God from this message?



[Large empty rectangular box for writing the message]

AFTER THE SERVICE COMPLETE THE FOLLOWING. 



The most important thing I learned today was...

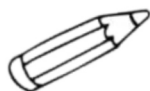
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I can use this in my life by...

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EXTRA NOTES





*Bringing hope to life!*

**May 10 – June 21**



**ONE**

Take home one or more baby bottles!



**TWO**

Fill bottle with coins, cash or checks.

Make check payable to Life Services. Tax receipts can only be given for check donations.

Or text "\$ amount" and "baby bottle" to **509-207-1712!**



**THREE**

Return filled bottles by Sunday, June 21 in the barrel next to the church office or drop them off at Life Services!

***All funds collected will help to save lives and restore hope.***

Life Services is a Christ-centered organization dedicated to the sanctity of human life at conception. We offer hope, truth, medical care and support from a Biblical perspective to anyone impacted by unexpected pregnancy, helping them choose life and encouraging a personal relationship with Jesus Christ.



**FOLLOW US FOR UPDATES:**



FACEBOOK:  
@LSSPOKANE



INSTAGRAM:  
@LIFESERVICESOFSPokane

[www.lifeservices.org](http://www.lifeservices.org) | [www.mychoicespokane.org](http://www.mychoicespokane.org) | [info@lifeservices.org](mailto:info@lifeservices.org)

# Where to find

Fellowship, connect, and stay informed with these resources.

## Online Connection Card

We'd like to get to know you! Please fill out an online Connection Card to share a little about yourself, request more information about VBC, update information, and/or submit a praise or prayer request.

[rebrand.ly/VBCconnect](http://rebrand.ly/VBCconnect)

## Church Events

Check out and register for upcoming events at VBC.  
[spokanevbc.org/events](http://spokanevbc.org/events)

## Weekly Newsletter

Sign up for our weekly newsletter, which includes up-to-date information on church events, community engagement opportunities, and Meal Trains.

[rebrand.ly/VBCnewsletter](http://rebrand.ly/VBCnewsletter)

## Giving

Set up one-time or automatic giving online.

<https://valleybible.churchcenter.com/giving>

## Online Resources

Listen to or watch past sermons, download Life Group questions, and get this week's music playlist.

[spokanevbc.org/sermons](http://spokanevbc.org/sermons)



### VBS Important Dates

- June 13\* - Classroom training for teachers and LITs
- June 15 - Registration opens
- July 12\* - Volunteer kick-off meeting and set-up
- July 20-24, 9-12:15 pm - VBS
- July 24 - Family Night

*\*all meetings for volunteers are mandatory*



**The Mission of VBC:** As we proclaim biblical truth, we cultivate relationships that are intimate with Christ, active in the Church, & loving the community.

(509) 928-5161  
[valleybible.church](http://valleybible.church) | [vbc@spokanevbc.org](mailto:vbc@spokanevbc.org)  
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